



Farm and Ranch Safety and Health Association



BRITISH
COLUMBIA
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Year Long

Safety

Calendar



BC. 4H

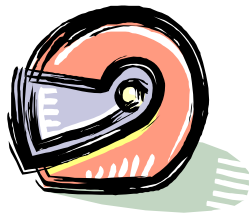
By the BC 4-H Farm Safety Committee

November ATV Safety



Always wear protective clothing:

- Helmet that fits you, remember to fasten chin-strap securely so helmet won't come off.
- Pants
- Gloves to protect your hands and keep them warm
- Boots with a medium heel to make it hard for them to slip from the footrests.
- Long-sleeved shirt or jacket
- Goggles or face shield on a helmet. Sunglasses are not good enough.



Ready to ride?

- Make sure that the ATV you are riding is the proper size for you. You should be able to reach all the controls comfortably.
- Conduct a pre-ride inspection of your ATV before riding and a post-ride inspection when you get back to make sure everything is working properly.
- Check to make sure the kill switch is working properly, and don't be afraid to use it when you need to.
- Make sure you have a first aid kit and vehicle repair kit with you when riding.
- Always a good idea to take a lesson before riding.
- Children riding ATVs should be well supervised.
- Do not carry any passengers.

Riding Safely:

- Ride within your limits. Don't go faster or do things that you are afraid to do or uncomfortable with.
- Never follow directly behind another rider since this restricts your visibility.
- Ride in an open field or on a trail and not on a public road (paved, gravel or dirt).
- Let someone know where you are going and when you are returning so if a search is needed they can find you faster.
- Children under 12 should never operate an ATV with an engine 70 cc or greater. Children under 16 should never operate an ATV with an engine size larger than 90 cc.
- If your helmet is damaged or has been involved in a crash replace it.
- Always close the throttle while shifting to prevent the front wheels from lifting.
- Keep your feet on the footrests while riding to prevent injury.

Activities

Short Activity:

- Take index cards and write one word per card to form a sentence on ATV safety. Mix up the cards so that they are not in order. Repeat these steps to make a second sentence. Separate the members into 2 groups and see which group can put together their sentence first. To win each member of the team has to state an ATV tip that isn't one of the 2 on the cards or has been said by a member before them.
 - Example Sentences:
 - Before you go out for an ATV ride always conduct a pre-ride inspection.
 - Take a first aid kit and vehicle repair kit with you when riding.
 - Tell someone where you are going and when you think you will be back when going on an ATV ride.



Longer Activities or Safety Camp:

- Have someone come in and lead an ATV training session on how to ride ATVs properly. Then if you have enough ATVs go out for a ride and practice your skills.
- Break into 2 teams and play pictionary with the topic of the pictures to draw being ATV safety. For example draw “a helmet” or “no passengers allowed.”

November

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