

# GOOD FOOD LUNCH

## Educational Display Contest



Build a 4-H educational display on **“Good Food Lunch — good to eat, good for kids, good for B.C. farmers”**, exhibit and travel to the PNE, take part in 4-H week at the PNE, and win great prizes!



### What is a “Good Food Lunch”?

A Good Food Lunch is something that is:

- ◆ **Good to Eat** — good for you
- ◆ **Good for Kids** — youth would like to eat it
- ◆ **Good for B.C. Farmers** — based on B.C. products

Be creative and innovative! It could be served in your school cafeteria or something you make up yourself. Do some research with your friends, what is a “Good Food Lunch” for B.C. youth, B.C. farmers, and nutritional too? That’s the subject criteria for a winning entry in this 4-H Educational Display contest!

#### Eligibility:

All B.C. 4-H members are eligible (one member per display). The contest is for 2010 PNE only, class **#5618 (Jr) & #5619 (Sr)**. The entry **deadline is July 2** and the exhibit program dates are **August 22nd to 24th**. The details and entry forms will be in the PNE prize book—look for it in May.

4-H members from outside of the Fraser Valley may travel with PNE judging competitors and chaperones and be reimbursed for their travel based on the cost of a round trip bus ticket less 20%.

**For more information:** Laura Code at 1-877-702-5585, 250-260-3008 or email [laura.d.code@gov.bc.ca](mailto:laura.d.code@gov.bc.ca)

### PRIZES

#### Future Shop Gift Certificates

(Junior and Senior categories)

1st Place: \$400

2nd Place: \$250

3rd Place: \$150

4th to 10th Places: \$75 each



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